jay.garrity@mac.com

For my entire life I have been underachieving. Now I’m ready **TO OVERACHIEVE**

By Five minutes at a time,

Ten minutes at a time,

One Hour at a time,

Six Hours at a time,

One Day at a time,

One Week at a time,

One Month at a time,

One Year at a time,

A Decade at a time,

**FOR THE REST OF MY LIFE.**